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HIGHLIGHTS	<ul style="list-style-type: none">• Research professor (<i>see Research Publications, Publications in Progress, and Conference Presentations, below.</i>)• Advisor, Research Track alternative curriculum for students in Life University's College of Chiropractic (competitive application process)• Chair, Life University Institutional Review Board (research ethics committee.)• Member, Life University Research Advisory Council (internal funding for research and scholarly activity.)• Member, Life University Research Leadership Council (interdepartmental coordination and communications.)• Manuscript reviewer for <i>Journal of Manipulative and Physiological Therapeutics, Journal of Chiropractic Medicine, Journal of Chiropractic Education, Chiropractic & Manual Therapies, and Gait & Posture.</i>• Editorial Board Member, <i>Journal of Chiropractic Education</i>• Abstract peer reviewer for the annual Association of Chiropractic Colleges Research Agenda Conference (ACC-RAC.)
PROFESSIONAL MEMBERSHIPS	<ul style="list-style-type: none">• Georgia Chiropractic Association• Chiropractic Educators Research Forum
EDUCATION	<ul style="list-style-type: none">• Life University, College of Chiropractic, Marietta, Georgia. DC degree (Doctor of Chiropractic); 1983.• Georgia State University, Atlanta, Georgia. MS Exercise Science, Biomechanics Concentration; 2011.• Georgia Southern University, Statesboro, Georgia. BA; 1978.
PAST ACADEMIC EMPLOYMENT, LIFE UNIVERSITY	<ul style="list-style-type: none">• Lead instructor RSCH 2501, Introduction to Research Methods (2008-2021): fundamental concepts, evidence-based practice, types of peer-reviewed publications, literature search, common statistics in clinical research.• Instructor, ANLS 5815, Selected Topics in Biomechanics: mechanical properties of biological tissues and other topics in clinically-related biomechanics relevant to spinal adjustment and to neuromusculoskeletal dysfunction and pathology.• Faculty Clinician, Life University outpatient and student clinics: 1984-89 and 1991-1995.

	<ul style="list-style-type: none"> • Lab instructor DIAG 2730, Orthopedic Diagnosis, DIAG 2740, Neurological Diagnosis, and CLET 3102 Clinical Skills. Lecture & lab CPRO 2301, Clinic Proficiency.
PROFESSIONAL PRACTICE highlights	<ul style="list-style-type: none"> • 2000 – present: part-time home-office practice • 1998 – 2000: Essential Healing: multi-disciplinary group practice offered chiropractic, nutritional counseling, massage therapy, and wellness education. • 1992 – 1997: part-time home-office practice • 1987 – 1992: Phoenix Healing & Learning Institute: multi-disciplinary center offered chiropractic, medical care, psychiatry, psychology, nutritional counseling, massage therapy, & wellness education.
RESEARCH PUBLICATIONS	<ul style="list-style-type: none"> • Russell BS, Owens EF, Hosek RS, Dever L, Weiner MT. Assessment of forces during side-posture adjustment with the use of a table-embedded force plate: reference values for education. <i>Journal of Chiropractic Education</i>. 2023; 37(2): 73-81. • Russell BS, Keller M, Wynd SE, Hosek RS, Owens EF, Hoiriis KT. Angular kinematics of chiropractic supine cervical manipulation: rotational measures and comparisons to doctor and patient perceptions. <i>Journal of Manipulative & Physiological Therapeutics</i>, 2022;45(7):497-507. • Bryson JD, Bryson LB, Russell BS. Styles and features of backpacks used by chiropractic students. <i>Journal of Contemporary Chiropractic</i>. 2022;5(1):259–263. https://journal.parker.edu/index.php/jcc/article/view/245. • Herzog W, Kevorkian P, Russell BS, Alcantara J. Comparison of Forces Exerted by a Chiropractor on Children and Adults During High-Speed, Low-Amplitude Spinal Manipulations: A Feasibility Study. <i>Journal of Manipulative & Physiological Therapeutics</i>. 2022;45(6):389-399. • Weiner MT, Russell BS, Mullin LE, Owens EF, Hosek RS, Kelly G. Spinal kinematic assessment of chiropractic side posture adjustments: development of a motion capture system. <i>Journal of Manipulative & Physiological Therapeutics</i>. 2022;45(4):298-314. • Owens EF, Dever L, Hosek RS, Russell BS, Sullivan SGB. Development of a mannequin lab for clinical training in a chiropractic program. <i>Journal of Chiropractic Education</i>. 2022;36(2):147-152. • Owens EF, Hosek RS, Russell BS. Mechanical properties of a thoracic spine mannequin with variable stiffness control. <i>Journal of Chiropractic Education</i>. 2021;35(1):1-7. • Russell BS, Muhlenkamp-Wermert KA, Hoiriis KT. Measurement of Lumbar Lordosis: A Comparison of 2 Alternatives to the Cobb Angle. <i>Journal of Manipulative & Physiological Therapeutics</i>. 2020;43(8):760-767. • Minicozzi SJ, Russell BS. Increased low back pain in performance of a pelvic tilt maneuver: a short report of 2 cases. <i>Journal of the Academy of Chiropractic Orthopedists</i>. 2019;16(1):3-17. • Russell BS, Hosek RS, Hoiriis KT, Drake ED. A case study involving Chronic Progressive External Ophthalmoplegia and Bilateral Vestibular Hypofunction:

balance, gait, and eye movement, before and after multimodal chiropractic care. *Journal of Chiropractic Medicine*. 2019;18(2):144-154.

- Russell BS, Hoiriis KT, Hosek RS. Walking gait before and after chiropractic care following fifth metatarsal fractures: a single case kinetic and kinematic study. *Journal of Chiropractic Medicine*. 2018;17(2):106-16.
- Owens EF, Russell BS, Hosek RS, Sullivan SGB, Dever LL, Mullin LE. Changes in adjustment force, speed, and direction factors in chiropractic students after 10 weeks undergoing standard technique training. *Journal of Chiropractic Education*. 2017 Mar;32(1):3-9.
- Minicozzi SJ, Russell BS. On-site chiropractic care as an employee benefit: a single location case study. *Journal of Chiropractic Medicine*. 2017;16(3):183-8.
- Owens EF, Hosek RS, Mullin L, Dever L, Sullivan SGB, Russell BS. Thrust magnitudes, rates, and 3-dimensional directions delivered in simulated lumbar spine high-velocity, low amplitude manipulation. *J Manipulative Physiol Ther*. 2017;40(6):411-9.
- Minicozzi SJ, Russell BS, Ray KJ, Shen A, Owens EF. Low back pain response to pelvic tilt position: an observational study of chiropractic patients. *Journal of Chiropractic Medicine*. 2016; 15: 27-34.
- Owens EF, Hosek R, Sullivan S, Russell BS, Mullin L, Dever L. Developing training targets for lumbar spine HVLA adjustments in a chiropractic program. *Journal of Chiropractic Education*. 2016; 30(1):7-13.
- Russell BS. Letter to the Editor concerning "High-heeled-related alterations in the static sagittal profile of the spino-pelvic structure in young women" by Min Dai et al. *European Spine Journal*. 2015;24(8):1826-7.
- Hoiriis KT, Russell BS. Case report: a patient with low back pain and somatic referred pain concomitant with intermittent claudication in a chiropractic practice. *Topics in Integrative Health Care*. 2014;5(1):ID 5.1004.
- Russell BS, Hoiriis KT, Guagliardo J. Correlation between student performances on course level integrated clinical skills examinations and Objective Structured Clinical Examinations in a chiropractic college program. *Journal of Chiropractic Education*. 2012 Fall;26(2):138-45.
- Russell BS, Muhlenkamp KA, Hoiriis KT, DeSimone CM. Measurement of lumbar lordosis in static standing posture, with and without high-heeled shoes. *Journal of Chiropractic Medicine*. 2012;11(3):145-53.
- Russell BS. The effect of high-heeled shoes on lumbar lordosis: a narrative review and discussion of the disconnect between Internet content and peer-reviewed literature. *Journal of Chiropractic Medicine*. 2010;9(4):166-73.
- Russell BS. Carpal tunnel syndrome and the "double crush" hypothesis: a review and implications for chiropractic. *Chiropractic & Osteopathy*. 2008, Apr 21;16:2.
- Russell BS, Hoiriis KT. Conference on the Biology of Manual Therapies: a special report. *Journal of Vertebral Subluxation Research*. 2006;18.
- Russell BS. A suspected case of ulnar tunnel syndrome relieved by chiropractic extremity adjustment methods. *Journal of Manipulative & Physiological Therapeutics*. 2003;26(9):602-7.

<p>RESEARCH IN PROGRESS</p>	<ul style="list-style-type: none"> • Keller M, Russell BS, Owens EF, Hosek R. Angular kinematic measures of chiropractic supine cervical thrusts performed on mannequins. <i>In review</i> with the Journal of Chiropractic Education. • Russell BS, Owens EF, Hosek R, Keller M. Thrust force measurement of chiropractic supine cervical adjustments. <i>In review</i> with the Journal of Contemporary Chiropractic. • Bryson LB, Bryson JD, Russell BS, Hosek RS. Kinematic evaluation of walking while wearing internal frame and frameless backpacks. <i>In review</i> with the Journal of Chiropractic Medicine. • Ziegler AMS, Russell BS, Hosek RS. Angular kinematics of pianists during performance of a scale-based exercise: typical movement patterns. In revision. • Weiner MT, Russell BS, Mullin LE, Owens EF, Hosek RS, Kelly G. Extremity kinematic assessment of chiropractic side posture adjustments: development of a motion capture system. Manuscript in preparation. • Ziegler AMS, Russell BS, Hosek RS. Angular kinematics of pianists during performance of a scale-based exercise: inter-trial variability of movement patterns. Manuscript in preparation.
<p>CONFERENCE PRESENTATIONS</p>	<ul style="list-style-type: none"> • Russell BS, Owens EF, Dever L, Hosek RS, Tran K. Measuring adjustment forces: applied compared to transmitted loads. [abstract]. ACC-RAC 2024. • Russell BS, Keller M. Kinematically-determined rotational duration in supine cervical manipulative thrusts. [abstract]. ACC-RAC 2023. • Maysonet C, Russell B, Hayes K. Arm swing symmetry in walking with induced lower limb asymmetry. [abstract] ACC-RAC 2023. • Hosek R, Russell B, Maysonet C. Analysis of coordination between contralateral arm and thigh movements during walking. [abstract] ACC-RAC 2023. • Keller M, Russell BS, Owens EF, Hosek R. Rotational magnitudes of supine cervical thrusts performed on mannequins [conference abstract]. J Chiropr Educ. 2022; 36(1).62. • Russell BS, Maysonet C, Hayes K, Hosek R. Assessment of inter-limb symmetry in walking: establishment of methods. [abstract]. ACC-RAC 2022. • Russell BS, Keller M, Hosek R, Wynd SE, Owens EF. Angular kinematics of supine cervical spine adjustment: phase 2 [abstract]. ACC-RAC 2021. • Owens EF, Hosek RS, Salman M, Russell BS. Padding on the support table affects spinal posterior-to-anterior stiffness measurements [abstract]. American Society of Biomechanics annual meeting (ASB), 2020. • Salman M, Owens EF, Hosek RS, Russell BS. Harmonic excitation approach to determine system identification of a mannequin [abstract]. ASB annual meeting, 2020. • Lunsford B, Russell BS, Hosek RS, Owens EF, Jr. Reproducibility of a prescriptive force for adjustive thrust characteristics of chiropractic faculty professors [abstract]. ACC-RAC 2020 • Owens EF, Russell BS, Hosek RS, Sullivan SGB. Development and testing of a lumbar spine palpation training device [abstract]. ACC-RAC 2020.

- Sullivan SGB, Russell BS, Hosek RS, Owens EF, Seckington A, Drake ED. A model for chiropractic research designed to move the healthcare dialogue toward a development-of-health model [abstract]. ACC-RAC 2020.
- Russell BS, Wynd SE, Hosek RS, Owens EF, Hoiriis KT. Rotational kinematics of supine cervical spine manipulation: a pilot study [abstract]. Congress of the World Federation of Chiropractic and European Chiropractors' Union, 2019.
- Owens EF, Hosek RS, Russell BS. Mechanical properties of a thoracic spine mannequin with variable stiffness control [abstract]. ACC-RAC 2019.
- Weiner MT, Russell BS, Mullin LE, Owens EF, Hosek RS, Kelly G. Assessment of hip and shoulder kinematics of a chiropractor during performance of side posture adjustments: data from a pilot study [abstract]. ACC-RAC 2019.
- Weiner MT, Russell BS, Mullin LE, Owens EF, Hosek RS, Kelly G. Posture assessment of a chiropractor performing side posture adjustments: a pilot study using an inertial measurement unit system [abstract]. ASB annual meeting, 2018.
- Weiner MT, Russell BS, Mullin LE, Owens EF, Hosek RS. Kinematic assessment of a chiropractor performing side posture adjustments: a pilot study using a motion capture system [abstract]. ACC-RAC. 2018.
- Russell BS, Wynd SE, Hosek RS, Owens EF, Hoiriis KT. Patient and practitioner perceptions of osteokinematics and kinetics of supine cervical spine manipulation: a pilot study [abstract]. ACC-RAC 2018.
- Schmidt AM, Russell BS, Hosek RS. Kinematics of piano performance [abstract]. ASB, 2018.
- Schmidt AM, Russell BS, Hosek RS. Analysis of kinematic variability in pianists: a pilot study [abstract]. ACC-RAC 2018.
- Owens EF, Hosek RS, Russell BS. Mechanical properties of a lumbar spine mannequin with variable stiffness control [abstract]. ACC-RAC 2018.
- Schmidt AM, Russell BS, Hosek RS. Kinematics of piano performance: a feasibility study [abstract]. National Conference of Keyboard Pedagogy 2017.
- Schmidt AM, Russell BS, Hosek RS. Kinematics of piano performance: a feasibility study. International Conference for Research and Philosophy (IRAPS), Sherman Chiropractic College 2017.
- Owens EF, Russell BS, Weiner MT, Mullin LE, Hosek RS. Amplitude and speed of Gonstead technique side-posture lumbopelvic adjustments in humans [DC-2017 conference abstract]. J Chiropr Educ. 2017; 31(1).
- Herzog W, Kevorkian P, Russell BS, Alcantara J. The forces exerted by chiropractors on pediatric patients during high-speed low amplitude spinal manipulative treatments [DC-2017 conference abstract]. J Chiropr Educ. 2017; 31(1).
- Owens EF, Hosek RS, Mullin L, Dever L, Sullivan S, Russell BS. Changes in adjustment force, speed and direction factors in chiropractic students after 10 weeks undergoing standard technique training [conference abstract]. J Chiropr Educ. 2016; 30(1): 63. doi: <http://dx.doi.org/10.7899/JCE-15-22>.

- Capes M, Russell BS, Oz M, Hosek RS. Kinetic gait assessment before and after chiropractic lower extremity adjustments [conference abstract]. J Chiropr Educ. 2016; 30(1): 54.
- Weiner MT, Russell BS, Bishop A, Hosek RS. Motion capture analysis of students performing side posture set up and thrusts on a mannequin: a pilot study [conference abstract]. J Chiropr Educ. 2016; 30(1): 67-8.
- Bryson JD, Bryson LB, Russell BS. Kinematic evaluation comparing internal frame and frameless backpacks: a pilot study [conference abstract]. J Chiropr Educ. 2016; 30(1): 53.
- Russell BS, Hosek R, Hoiriis KT. Kinetic gait evaluation of three patients with foot and ankle injuries, before and after a limited protocol of chiropractic care [conference abstract]. J Chiropr Educ. 2015; 29(1): 103. DOI 10.7899/JCE-14-34.
- Owens EF, Hosek R, Mullin L, Dever L, Sullivan S, Russell B. Thrust magnitudes, rates and 3-dimensional directions delivered in simulated lumbar spine HVLA adjustments. [poster presentation, 2015 World Federation of Chiropractic 13th Biennial Congress.]
- Russell BS, Hosek R, Hoiriis KT, Linkhorn AE. Kinetic evaluation of gait in an injured football player before and after chiropractic care [conference abstract]. J Chiropr Educ 2014;28(1):97.
- Russell BS, Geil MD, Wu J, Hoiriis KT. Variability of vertical ground reaction forces in adults with chronic low back pain, before and after a limited protocol of chiropractic care [conference abstract]. Annual meeting of the American Society of Biomechanics, 2013.
- Russell BS, Muhlenkamp Wermert KM, Hoiriis KT. Measurement of lordosis by the Spinal Mouse as compared to lateral lumbar radiographs [conference abstract]. Proceedings of the World Federation of Chiropractic, 12th Biennial Congress, 2013: 216.
- Russell B, Geil M, Wu J, Hoiriis K. Asymmetry of vertical ground reaction forces during walking in adults with chronic low back pain, before and after chiropractic care [conference abstract]. J Chiropr Educ 2013;27(1):78.
- Russell BS, Geil MD, Wu J, Hoiriis KT. Variability of vertical ground reaction forces in patients with chronic low back pain, before and after chiropractic care [conference abstract]. J Chiropr Educ 2012;26(1):108.
- Minicozzi SJ, Russell BS, Ray KJ. Low back pain response to pelvic tilt position: practice-based research, phase 2 [conference abstract]. J Chiropr Educ. 2011;25(1):91.
- Russell BS, Muhlenkamp KM, Hoiriis KT. Evaluation of lumbar lordosis with and without high-heeled shoes [conference abstract]. Annual Meeting for the American Society of Biomechanics, 2009.
- Minicozzi SJ, Russell BS. Low back pain response to pelvic tilt position: a preliminary report [conference abstract]. J Chiropr Educ. 2008; 22(1):70-1.
- Russell BS. Gait analysis of patients with low back pain, before and after spinal manipulation: a preliminary report [conference abstract]. J Chiropr Educ. 2007; 21(1):120.

	<ul style="list-style-type: none"> Russell BS. Documenting gait changes in patients with low back pain, before & after spinal manipulation. Southeast Biomechanics Conference, Georgia Institute of Technology, 2006.
NON-PEER-REVIEWED PUBLICATIONS	<ul style="list-style-type: none"> Minicozzi SJ, Khajavi K, Hutchinson A, Russell BS. Case study: chiropractic and surgical interprofessional consultation in an adolescent patient undergoing lumbar fusion. <i>Chiropractic Economics</i>. 2017, August 28: https://www.chiroeco.com/interprofessional-consultation/ Russell BS. Somnambulism and other surprises. <i>Hektoen International Journal of Medical Humanities</i>. 2018 Winter: Available at: https://hekint.org/2018/03/27/somnambulism-and-other-surprises/
FUNDING & AWARDS	<ul style="list-style-type: none"> 2021 Association of Chiropractic Colleges Research Agenda Conference research award. Research awards, Life University: annually, 2007 – 2021. 2017: \$1,000 travel stipend as representative for Life University at the <i>Process of Integrating Evidence</i> conference, Northwestern Health Sciences University; funding from the National Center for Complementary & Integrative Health and NCMIC Foundation. 2013: \$1,000 travel stipend as representative for Life University at the <i>Teaching and Practicing Evidence-Based Chiropractic</i>, University of Western States, Portland, Oregon. funding from the National Center for Complementary & Alternative Medicine. 2010, funding by NCMIC Foundation for the project, “Variability of vertical ground reaction forces in patients with chronic low back pain, before and after chiropractic care.” Funded total: \$5,000.
SELECTED OTHER PROJECTS, ETC.	<ul style="list-style-type: none"> Institutional Review Board: CITI course training in Biomedical Basic, IRB Member, IRB Chair, and IRB Administration. Supervision of Research Track scholarship students, Mackenzie Keller (present), Eric Merritt (2018-19), Michael Jendzruski (2017-19), and Anna-Marie Schmidt Ziegler (2016-18.) Supervision of RISE Scholarship students Kevin Tran (2023-present), Claude Maysonet (2020-2023), Mackenzie Keller (2020-21); and Research Scholarship students Jonathan and Lori Beth Bryson (2016-18), Michael Weiner (2015-17), Kathryn Ray (2010-12), Kimberly Muhlenkamp (2008-09), Nangyali Amin (2005-06), and Andrea Samuels (2001-02.) Representative for Life University for the Consortium of Evidence-Informed Practice Educators (CEIPE), 2015-20. Life University representative for the conference, <i>The Biology of Manual Therapies</i>, held at the NIH’s National Center for Complementary and Alternative Medicine, 2005.
PERSONAL	<ul style="list-style-type: none"> Married since 1980 to Katharine Durham Russell, graphic design manager with the Georgia Tech Communications & Marketing department (retired); we have one daughter (Elizabeth) and one granddaughter (Ava.)